



**Deutsche
Sporthochschule Köln**
German Sport University Cologne

Zentrum für Präventive Dopingforschung
Center for Preventive Doping Research

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General information

The Center for Preventive Doping Research provides laboratory testing of dietary supplements and related products for the presence of doping-related substances. Our primary purpose is to protect athletes. In addition, our analysis provides manufacturers and distributors of food supplements with an additional quality control of their products. The analysis of a product can be requested by the manufacturers or local distribution partners.

Test methods

- Analysis for anabolic-androgenic steroids: Previous studies have shown that most cases of contamination with doping-relevant substances were caused by anabolic-androgenic steroids.
- Analysis for stimulants: It is known that dietary supplements have become increasingly contaminated with stimulants. Therefore the analysis for stimulants in combination with an analysis for anabolic-androgenic steroids provides the currently best safety possible.

Label-Check

Passing the label-check is the requirement for the conduction of analysis.
For details, please refer to our customer information "Label-Check".

Analysis details

1. Analysis request

The laboratory requires an analysis request containing company information and a specification of the scope of the analysis to be performed.

Please use the analysis request form and send the completed form together with the products to be tested to the following address:

Dr. Ute Mareck
Deutsche Sporthochschule Köln
Zentrum für Präventive Dopingforschung
Am Sportpark Müngersdorf 6
50933 Köln, Germany

2. Product requirements

Please send in only originally packed and labelled products in commercially available consumer units. The analysis report will include only the product information as provided on the submitted product.

3. Quantity

The analysis requires a minimum amount of 30 g per product. For products containing less than 30 g per consumer unit, the number of consumer units should be adjusted to provide a total of at least 30 g.

4. Partial products

If your product consists of several partial products (e.g. a drink and a tablet or capsule, or two or more different tablets or capsules with various flavours), we will have to perform a separate analysis for each partial product. We are not able to mix these subsamples. Please note that we will charge each single analysis for partial products and that the minimum quantity of 30 g also applies to each partial product. A separate analysis report will be provided for each partial product.

5. Analysis time

Usually the laboratory analysis will be finished within 10-15 working days. In individual cases, results may be delayed because of modifications in the sample preparation procedure linked to analytical difficulties. It is not possible to request a fast-track analysis.

6. Analysis report

On completion of analysis, an analysis report will be sent by regular mail.

For each product, we will provide a separate analysis report, which is uniquely linked to the submitted product. Please note that the analysis report is only valid for the specific product batch (identified by batch number and/or best-before date).

The analysis report may contain the following analytical results:

“None of the above listed substances could be detected.”

Please note that a negative analysis result does not imply a complete absence of drugs, but only confirms that none of the listed substances were found in significant amounts in the submitted sample.

“The sample contains...”

Identified doping-relevant substances will be named specifically in the analysis report.

“Due to analytical difficulties no result was obtained.”

In a limited numbers of cases it may be possible that we may be unable to obtain a valid result, despite of various modifications of the analytical conditions. In these cases, we are unable to provide a final statement on the presence or absence of doping-related substances. In these cases, we will not charge you for the analysis.

Please note that the analytical report may not be copied or published – not even partially - without written permission. This does not apply to the admission to the Cologne List (www.koelnerliste.com).

It is strictly prohibited to use the analysis result for advertising purposes.

Costs

- Analysis for anabolic-androgenic steroids and stimulants (recommended):
€ 450,- (exc. 19% VAT) per (sub-)product
- Analysis for anabolic-androgenic steroids:
€ 206,- (exc. 19% VAT) per (sub-)product
- Analysis for stimulants:
€ 320,- (exc. 19% VAT) per (sub-)product

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